



The 11th annual CCCNYC Meet will be held Saturday, November 18, 2017 at Voice of America Park in West Chester, Ohio the site of **2008 CCCNYC** as well the **2007 NCAA Division III National CC Championships** and the **2008 USA Track & Field National Club Cross Country Championships**.

Medals to top 25 finishers in each age group and awards to all finishers.

REGISTRATION ONLY \$20 PER RUNNER

plus \$10 YES-Athletics Card

NOVEMBER 18, 2017 * WEST CHESTER, OHIO * WWW.YOUTHCROSSCOUNTRY.ORG

Any youth team is welcome to participate in the Cross Country Coaches National Youth Championship meet if they have finished as one of the top three teams at a CCCNYC sponsored meet. Individuals that finished as one of the top 20 individuals not on a team at a CCCNYC sponsored meet are also eligible to compete. If you are interested in hosting a CCCNYC sponsored meet, please contact the Meet Director Frank Miklavcic at fmiklavcic@aol.com.

Runners may also qualify based on the following time standards for their age group:

Age	Distance	Girls	Boys
6-8	2K	12:00	12:00
9-10	3K	14:00	13:30
11-12	3K	13:30	13:00
13-14	4K	17:30	16:00
13-14	5K	22:10	20:15
15-16	4K	17:30	--
15-16	5K	22:10	17:15
17-18	4K	17:15	--
17-18	5K	21:50	17:00

Race Equivalency Time Calculator

<http://www.runworks.com/calculator.html>

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TEAM QUALIFYING

Any individual that finishes as one of the top individuals at their respective middle school state meet is eligible to compete as an individual if they meet the following criteria;

- If your state has one class and the individual finishes in the top 100.
- If your state has two classes and the individual finishes in the top 50.
- If your state has three classes and the individual finishes in the top 30.
- If your state has four classes and the individual finishes in the top 25.
- If your state has five classes and the individual finishes in the top 20.
- If your state has six classes and the individual finishes in the top 15.

INDIVIDUAL AWARDS

Individual medals will be awarded to each of the top 25 finishers in each age group and awards to all finishers.

TEAM AWARDS

Team trophies and medals will be awarded to the top three teams in each race. Teams consist of at least five athletes and no more than eight athletes.

INDIVIDUAL PARTICIPATION

Any middle school team that finishes as one of the top teams at their respective state meet and has at least five members of that team in the same age group the team is eligible to compete as a club team if they meet the following criteria;

- If your state has one class and the team finishes in the top ten.
- If your state has two classes and the team finishes in the top five.
- If your state has three classes and the team finishes in the top four.
- If your state has four classes and the team finishes in the top three.
- If your state has five classes and the team finishes in the top two.
- If your state has six classes and the team finishes in the top two.

AGE DIVISIONS

AGE	YEAR OF BIRTH	RACE LENGTH
6-8	Born 2009-11	2k
9-10	Born 2007-08	3k
11-12	Born 2005-06	3k
13-14	Born 2003-04	4k
15-16	Born 2001-02	5k
17-18	Born after 11/18/98	5k

Thank you to our sponsor



Please contact us with any questions or concerns. If you want to be included on an email update as the meet approaches, e-mail fmiklavcic@aol.com

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